

EDUCATION/CERTIFICATIONS

Brody School of Medicine at East Carolina University,
Greenville, NC

Physical Medicine and Rehabilitation Residency

Brody School of Medicine at East Carolina University,
Greenville, NC

Doctorate of Medicine

Touro International University

Masters of Health Care Administration

University of North Carolina at Wilmington, Wilmington, NC
Bachelors of Science in Biology

Physical Medicine and Rehabilitation Board Certified

Certified Life Care Planner

Certified Independent Medical Examiner

Buprenorphine Waiver Certified



PROFESSIONAL EXPERIENCE

MACKENZIE LIFE CARE PLANNING, Tyler, TX

Life Care Planner / Vocational Consultant (June 19, 2024 – present)

UNC HOSPITAL LENOIR, Kinston, NC

Medical Director of Inpatient Rehabilitation (January 2024 – present)

- Ensure compliance with CMS regulations for 17 bed Acute Inpatient Rehabilitation Unit (ARU)
- Identify appropriate patients and provide medical management while patients are admitted to ARU
- Provide leadership and promote cooperative environment for staff in a collaborative environment in the ARU
- Diagnose axial and peripheral pain and provide non-surgical management
- Perform electrodiagnostic evaluations of upper and lower limb pathologies
- Conduct ultrasound guided injections for multiple indications
- Formulate plan to optimize function for complex diagnoses including amputees, stroke, spinal cord injury, and traumatic brain injury
- Evaluate and treat spasticity with medications and botulinum toxin injections

EMPIRICAL PLANNERS

Life Care Planner Consultant (December 2021-present)

- Perform life care plans that provide valuations which objectively identify a subject's medical conditions and future care requirements then quantify the costs of those requirements in monetary terms

GREENVILLE HEALTH CENTER, VETERANS HEALTH AFFAIRS, Greenville, NC

Specialty Physician (November 2018-January 2024)

- Diagnose axial and peripheral pain and provide non-surgical management
- Perform electrodiagnostic evaluations of upper and lower limb pathologies
- Conduct ultrasound guided injections for multiple indications
- Formulate plan to optimize function for complex patients including spinal cord and traumatic brain injury
- Provide teaching to residents in the field of rehabilitation
- Evaluate and treat spasticity with medications and botulinum toxin injections

NATIONAL HEALTH REHABILITATION, RIDGEWOOD REHABILITATION FACILITY,
Washington, NC

Skilled Nursing Facility Consultant (October 2019-December 2021)

- Provide recommendations for medications and therapeutic modalities to decrease pain and increase participation in therapy
- Perform peripheral joint injections for musculoskeletal pain
- Recommend specific adaptive equipment, bracing and mobility devices to decrease barriers to discharge from short term rehabilitation

PHYSICIAN LIFE CARE PLANNING, San Antonio, TX

Life Care Planner Consultant (January 2020-December 2021)

- Perform life care plans that provide valuations which objectively identify a subject's medical conditions and future care requirements then quantify the costs of those requirements in monetary terms

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION-EAST CAROLINA
UNIVERSITY, Greenville NC

Clinical Assistant Professor

- Perform electrodiagnostic evaluations of upper and lower limb pathologies
- Evaluate lower and upper limb amputation patients and provide medical management and prosthetic recommendations
- Conduct ultrasound guided injections for multiple indications
- Assess neck and back pain and provide non-surgical management
- Administer wheelchair evaluations
- Provide teaching to residents and medical students in the field of rehabilitation

OLYMPUS HEALTH

Disability Evaluation Physician (November 2017 – June 2019)

- Perform physical examinations for persons applying for social security disability
- Analyze physical impairments and determine severity of limitations and ability to perform meaningful work

MILITARY

Naval Station Willow Grove – Leading Petty Officer, 2007-2008

PUBLICATIONS/PRESENTATIONS

Lee, Jason MD; Norbury, John, MD. *Predictors of Success of Ultrasound-Guided Corticosteroid Injections in the Treatment of Ulnar Neuropathy at the Elbow*. Presented at International Congress of Clinical Neurophysiology, May 2018.

Complications of Amputation. Resident Lecture presented at East Carolina University, September 2017.

Lee, Jason MD; Norbury, John MD. *Sonographic versus Electrodiagnostic Diagnosis of Ulnar Neuropathy at the Elbow*. Presented at Academy for Academic Physiatrists, Las Vegas Nevada, February 10, 2017.

Regenerative Medicine, an Overview of Stem Cell Therapy. Grand Rounds presented at East Carolina University, January 11, 2017.

AFFILIATIONS

American Association of Neuromuscular and Electrodiagnostic Medicine
Academy of Academic Physiatrists
American Academy of Physical Medicine and Rehabilitation
International Society of Physical and Rehabilitation Medicine
Physical Medicine and Rehabilitation Interest Group Faculty Mentor 2017-2018
CME Advisory Committee – Faculty Representative 2017-2018
Pharmacy and Therapeutics Committee – Resident Representative 2016-2017

COMMUNITY OUTREACH

Guest Lecturer, International Rehabilitation Forum, 2022-present

Elder, First Presbyterian Church, Greenville, NC, 2017-2020

Medical Mission to Mwandi, Zambia, February-March 2013

Albert Schweitzer Fellow for Life, January-August 2010

Project Lead – Project Healing Waters Greenville Chapter Apr 2019 - Present

Acting Chief Specialty Medicine – Greenville HCC Feb 2020- Oct 2020